

EUROPEAN SPECIALIST DIETETIC NETWORKS (ESDN)

EFAD The European Federation
of the Associations
of Dietitians



Francesca Tabacchi ESDN for Oncology Committee

A dietitian registered both in Italy and the UK. She works at Oxford Brookes University and she is specialised in oncology nutrition. On this topic, she is currently doing a PhD in collaboration with Oxford University NHS Foundation Trust. She is involved in research and patient support groups, and believes in the value of collaboration among colleagues. She is committed to creating interesting and productive international exchanges.



Chiara Perrone ESDN for Primary Care

Dietitian at the Perugia Hospital, in the Clinical Nutrition and Dietetics Service. She has a Master of Science in Artificial Nutrition, and a PhD in Metabolic and Vascular Diseases, she carries out clinical work in the management of Artificial Nutrition with a focus on the hospital-community link. She participates in nutrition education projects for schools and communities. She carries out clinical research.



Marina Armellini ESDN for Diabetes Committee

Dietitian at Azienda Sanitaria Universitaria Friuli Centrale. She is a member of ASAND Working Group “Diabetes” and, before, of the National Association Dietitian (ANDID) Diabetes Group. She is co-author of scientific publications and of ANDID Handbook ‘Carbohydrates, blood sugar, insulin and good nutrition: let’s count the carbs’.



Monica Guglielmetti ESDN for Sports and Physical Activity Committee

Certified Sport nutrition dietitian with a post-doc research fellowship at the Human Nutrition, Food Education and Sport Nutrition Laboratory of the University of Pavia. She works in the sport nutrition field both in clinical practice and in research projects, with some publications and collaboration with international experts. She teaches sport nutrition bases and counselling techniques to the dietitians attending the post-graduate master’s program in “Nutritional Counselling for Lifestyle modification: from sedentary to sportive”.



Sara Carnevale ESDN for Gastroenterology Committee

Dietitian at Santa Rosa Hospital, ASL Viterbo. She is involved in public catering, especially in hospitals, and in clinical nutrition in the oncological, surgical, gastroenterological and paediatric areas.



Cinzia Ferraris ESDN for Public Health

Researcher and lecturer at the Dietetics Bachelor Degree and Head of the Food Education and Sports Nutrition Laboratory, Department of Public Health, Experimental and Forensic Medicine, University of Pavia. Coordinator of the Master’s Degree Course for Dietitians “Nutritional Counseling for Lifestyle Modification: from sedentary to sportive”. President of the Dietitian Register Commission and member of the Board of Directors of the TSRM-PSTRP Pavia Register.

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Daniela Ojeda Mercado ESDN for Obesity Committee

Reference dietitian at the Clinical Nutrition Service and the Obesity Unit of the Koelliker Hospital in Turin. Consultant Dietitian at Bariatric Surgery Centres. She manages the nutritional therapy of adult patients living with obesity, with or without medications and/or undergoing bariatric surgery.



Camilla Fiorindi ESDN for Gastroenterology Committee

Dietitian at Careggi University Hospital, Florence. Extensive experience in nutritional care for diverse conditions, including gastrointestinal, oncological, and surgical patients. Lecturer in Dietetics at the University of Florence. Board Member, PeriOperative Italian Society – ERAS; Scientific Committee Member and Nutritional Consultant, AMICI Association.



Gianna Marchi ESDN for Food Service Dietitians Committee

Dietitian at the Municipality of Pistoia, contact person for the directly and indirectly managed school catering service, responsible for menus and special diets, reference professional for HACCP procedures, member of quality supervision of public and private 0-3 years old services.



Giada Muscas ESDN for Oncology Committee

Pediatric clinical dietitian at AOU Meyer IRCCS since 2017, specialized in pediatric hematology-oncology, neuro-oncology, and bone marrow transplantation. Active in multidisciplinary teams to enhance patients' outcomes and quality of life. Member of working groups, educator, and contributor to guidelines and publications.